



## The Best Ten Hours You Will Ever Spend!!

Hello Ladies! Pack your bags and prepare for a relaxing getaway at *HeartSpa: Where Women Are Refreshed in Jesus*. You'll grow closer to friends, deepen your relationship with Jesus, and be pampered as well!

Together we'll experience meaningful sharing based around the scripture story of Jesus and the woman at the well, spa treatments, and lots of rejuvenating fun! We will begin with a light continental breakfast on January 28, and will finish that same evening by 7:00 pm. Our

*HeartSpa* Getaway will be held at the parish hall, for maximum availability for our parish women to be pampered and refreshed in Jesus! The registration fee covers three delicious meals, and fun and refreshing activities such as facials, pedicures, manicures and take home gifts. Call Rita Davis at 343-4290 for more information, or Lorissa or Bobbi at the parish office at 342-3511. Take time to relax, make new friends, worship God, and dig deeper into your relationship with Jesus.

We hope you'll join us at *HeartSpa*!

Warmly,  
*The HeartSpa Retreat Team*

## REGISTRATION FORM

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Telephone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Allergies and other special needs  
\_\_\_\_\_  
\_\_\_\_\_

***Registration fee is \$30. Make checks payable to St. John's Cathedral and deliver to the parish office 775 N. 8th Street, Boise ID 83702. Limited scholarships are available for those who want to be refreshed in Jesus but have limited means.***

**Space is Limited so Register Today!**





FOR WOMEN ONLY-  
THE MOST  
REFRESHING 10  
HOURS YOU WILL  
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